



# THE ARROWHEAD

## CAMP NEBAGAMON'S MONTHLY NEWSPAPER

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### MISSING HOME

Several years back, I received an email from a first year parent who was sharing some feedback about our handbook. She was a straight shooter and told me exactly what she thought worked and didn't work (the kind of feedback you are afraid to get sometimes but that always has value). She pointed out that one of the most commonly used terms in camping, "homesickness," was perhaps not a wise term to use. It takes a totally normal experience and turns it into an illness. In fact it is positive for children to experience some new challenges and situations...so why call the natural reaction to that a "sickness?" "Homesickness" is a negative moniker and the pervasive use of the term only serves to heighten any anxiety that kids may have in the important time leading up to camp. She was totally right of course, and I made a promise to myself to try change the way I speak about what I used to call "homesickness"....."adjustment issues?" (Yes, I realize that "issues" is not a particularly positive word either, but I just needed something catchier than "adjustment experiences," which is probably the most appropriate term.)

On the flip side, there is also a phenomena that happens upon returning home from camp that some have titled "campsickness." You see, camp life is such an all-consuming existence that reentering the real world after the camp season can be complicated for campers (...and camp directors). This isn't to say that there aren't a great many positive things that we hear about our boys after camp. One frequent comment is that the boys are different from the ones that were sent to camp. Sure, we hear about how they are dirtier and know all sorts of new words, but we also hear about other changes. We hear stories about boys clearing dishes from the dinner table, unprompted. We hear stories about boys taking showers without being forced to do so. We hear tales of boys speaking empathetically about the kids in their classes that are not treated well. We are treated to moments of profound maturity when it comes to responsibilities around the house and at school. In short, we are asked, time and time again, "What have you done with my real son?"

But I have to admit, even though there are bright spots that can be appreciated in the afterglow of a summer at camp, I am sure some of you are just as aware of other moods that may overcome your child. I am reminded of this after every summer with my own family, which includes two camp directors, and three campers (two at Nebagamon and our daughter fresh off her first ever summer at her own camp). Coming home can be tough for everyone. The first few days can be the roughest. Sure, there are the animated and excited conversations in which campers share stories about adventures (or mis-adventures!) from the summer just ended. But then there are also those melancholy hours when their eyes become glazed and there seems to be no penetrating through. When despite their physical location at home, it seems that they are emotionally, psychologically, and cognitively still back at camp.

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## NEWS OF THE CAMP FAMILY



This summer, Brother Nature (Matthew Santner) hit up myself, Andy and Amy Mack, and Maggie Horvath about crewing a run for him the first week of September. Now I have some experience with runs, the Push Up Pop Preakness and The Luck of the Draw to name a few, but this was a bit longer at 103 miles (and no ice cream treats at the end). One hundred and three miles on the Superior Hiking Trail from Gooseberry Falls State Park to Lutsen Resort. No problem I thought, I'll get lots of sleep between aid stations and the north shore of Minnesota is a cool spot to hang out. So the morning of the race, Matthew, Leo Mack, and myself headed up to Gooseberry Falls State Park. It was your typical race start, runners milling about, spectators drinking coffee, and great music pumping into the crowd. Santner was pumped to get going.

At 8:30am, the running began for Matthew, the waiting began for Leo and me, and Amy, Andy and Maggie were to arrive later on.

At the first aid station Santner looked great and was going strong. Leo and I were still talking...not that bored yet. (I just about this, but we were to be at every aid station till Lutsen, which, as we would later learn, was over 36 hours later.) Matthew took off, we took off, and a couple hours later we met at the next aid station. This happened over and over again for the next day and a half. Matthew rolled in, sat down, and we would get him salted cooked potatoes, energy drink, bananas and water. We never knew what to expect from Matthew at each aid station. When arriving at some aid stations Matthew was looking really rough, and then 10 miles later, he would arrive at the aid station looking like he had just finished his first 10 miles.

Andy and Amy arrived in the evening, and after a great ZUP's brat BBQ at the 50 mile mark, the four of us pushed on to the next aid station. The sun had long set and soon (around 3 am) Leo Mack joined Matthew as a pacer for the next 10 mile section. I don't know how Santner was awake, but he was, and he was kind of making sense when speaking. So the two of them headed off with headlamps to run a cold, wet and difficult section of the trail at 3am! We expected it to be a slow run, so Amy and Andy crawled into the back of their Rav4 and I crawled into the back of my truck to catch a couple of Z's. A little over two hours later we headed off to the next aid station to meet Leo and Matthew. With fresh instant trail coffee in hand, we waited. They arrived, still moving and ready for snacks. After a short break at the aid station, Matthew took off again. The rest of us found more coffee and giant donuts back out on HWY 61.

A couple hours later we met at the next aid station with another pacer, Maggie Horvath. Matthew and Maggie headed off and we left for the next aid station. Another tailgate BBQ later, and the time had come for the last 10 miles of the run. Leo, Maggie and Matthew took off together; they were looking great and both Leo and Maggie were determined to make sure that Matthew stayed awake and crossed that finish line. The sun set again, and Amy, Andy and I sat at Lutsen waiting to see three headlamps come bobbing down the trail. At the 36 hour and 20 minute mark, Santner crossed the finish line with Leo and Maggie! Simply incredible. It was an amazing event for Matthew who had the drive to keep running mile after mile, hour after hour. Matthew had been running for 36 hours on a heavily rooted, rocky, and wet trail. Over those 103 miles he gained a total of 21,000 vertical feet. This was no easy task and we as the camp family are all really proud of his accomplishment! Nice work completing the Superior 100 Matthew! It was a ton of fun to be a part of this awesome event and I look forward to taking bits of this race and adding it to the historically rich Camp Nebagamon runs next summer.

As you can see below, I don't have a ton of news to share as of yet. Reunions don't start for a bit and I can only spend so much time on Facebook in the office, so *PLEASE* help me out and send me news of you! Please email ([fornear@campnebagamon.com](mailto:fornear@campnebagamon.com)), text, carrier pigeon, Facebook (sorry – I don't tweet...yet) or IM any awards, athletic participation, theatrical roles, or other accomplishments that you want to share, and I promise you will make the next edition of *"In the News!"* Until next time, enjoy the day and get ready for what hopefully will be a great winter for skiing.

**IT MAY INTEREST YOU TO KNOW** that **Jack Gordon** (Chicago) is an active vlogger on the YouTube...check it out at <https://www.youtube.com/channel/UCLxpvEHi22zim8PqIwPmUog>. **Ben Hanson-Kaplan** (Boise) plays soccer on FCBoise.

**IN THE WHERE-ARE-THEY-NOW DEPARTMENT:** **Dr. Mitch Cohen** (Chicago/Boulder '79-'82,'84,'90-'92) is the director of surgery at Denver Health medical center and a professor in the department of surgery at the University Of Colorado School Of Medicine. **Henry McKenna** (Boston '09-'10) joined USA TODAY Sports Media Group, where he's become the blogger-in-chief of their new Patriots-only website, the Patriots Wire.

**BAR MITZVAH CONGRATULATIONS** go to **Isaac Schiff Lewin** (Chicago) and **Grady Clark** (Boulder).

**WHERE THEY ARE NOW IN COLLEGE AND GRAD SCHOOL:** First year college students that spent this past summer at camp have begun classes. Ryan Zimmerman can be found at UC Berkeley while Isaac Weiss Meyer starts at Skidmore College. Daisy Mack and Justin Little are both attending Michigan Tech University in Houghton, MI. On the west coast you can find Jonah Domsy at Occidental College. Lastly, Molly Werthan is studying at Pardes Institute of Jewish Studies in Jerusalem, Israel.

### **MAKE PLANS NOW FOR THE 2017 SEASON!**

Re-enrollment materials for the 2017 camping season were emailed out to parents mid-August as we began to prepare for Nebagamon's 89<sup>th</sup> season. To register for the summer, simply go to <https://nebagamon.campintouch.com/ui/forms/application/camper/App>.

Returning campers are guaranteed a place for next summer if they enroll by **December 1**.

Please also remember that there have been years when spaces in various age groups and sessions fill by the deadline, so send in your enrollment early to ensure a spot for 2017. If you're not sure about your plans, or if you'd like to discuss next summer with us, please call rather than let the deadline pass.

### **MISSING HOME** (Continued from Page 1)

By the way, when I am asked about adjustment issues at camp, I explain that "despite their physical location at camp, a camper feels emotionally, psychologically, and cognitively still back at HOME." So, when I think about how we feel sometimes when we get home after a summer at camp, it is like having adjustment issues in reverse. (With deference to the proper term that I acknowledge should be used, it sure would have been nice for this article if the term was still homesickness because it would have made for a much better finishing line to my article. I could have written something along the lines of, "If we have done things right at camp, it is not homesickness in reverse at all....it is straight up homesickness. The boys are melancholy because they are missing their other home.")

I think I will go with that finishing line anyways.

**The 2017 CAMP SEASON WILL BEGIN JUNE 20!**

We're already getting excited for the 2017 season here in our winter office! Although last summer still is fresh in our minds, we're busy making preparations for next summer. Our dates for the 2017 season are as follows:

<b>Session</b>	<b>Start</b>	<b>End</b>
New Staff Orientation	Monday, June 12	
Staff Orientation	Tuesday, June 13	Monday, June 19
Full Season	Tuesday, June 20	Sunday, August 13
First Session	Tuesday, June 20	Sunday, July 16
Second Session	Tuesday, July 18	Sunday, August 13
Family Camp	Tuesday, August 15	Monday, August 21

**NEBAGAMON'S 2016-2017 ROADSHOW**

One of the more fun tasks of the off-season is creating the travel schedule for the upcoming year. Every year, we traverse the country meeting and reconnecting with members of the camp family to give them a little taste of the North Woods during the school year, just to keep them going! Here is the tentative schedule for the 2016-2017 year. We look forward to seeing you at one of these reunions!



<b>2016-2017 TENTATIVE TRAVEL SCHEDULE</b>			
Kansas City	November 10th	New York	TBA
St. Louis	November 11th	Chicago	TBA
Memphis	November 13th	Minneapolis	TBA
Atlanta	November 15th	Los Angeles	TBA
Cincinnati	November 17th	San Francisco	TBA
Washington DC	TBA	Phoenix	TBA
Detroit	TBA	Denver	TBA

## CAMPERS BENEFIT FROM CFN AND CNSF SUPPORT

### CAMPERSHIPS FOR NEBAGAMON *Truly Making Camp A Place of Welcome For All*

Founded in 1995, Camperships For Nebagamon (CFN) supports children who otherwise would not be able to enjoy a private camping experience. These children, from a diversity of backgrounds, enjoy life-changing experiences and enrich the camp community with their diverse cultural perspectives. CFN aims to support campers for multiple years, giving them sustained access to a summer community in which to build friendships and identity.



Leveraging income from the Muggs and Janet Lorber Endowment Fund and individual donations, CFN currently provides partial tuition for nearly 50 boys attending Camp Nebagamon each year. Since 2002, CFN has also funded partial tuition for girls attending Camp WeHaKee, located in the Chequamegon National Forest of northern Wisconsin. As funds allow, CFN plans to identify other “partner” camps to fulfill its charitable goals.

Utilizing an annual evaluation process, CFN’s board has been heartened by the positive impact of its funding on individual campers and the broader camp communities.

CFN depends upon continued contributions to sustain current campership levels and to be able to increase the aid available each year (both to keep up with the rising costs of private camps and to increase, as possible, the number of camperships provided each summer).

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### CAMP NEBAGAMON SCHOLARSHIP FUND *A Path Toward Success for Disadvantaged Children*



The Camp Nebagamon Scholarship Fund provides life-changing camping experiences for children who live with poverty in their homes and communities, and/or physical, cognitive or psychological disabilities. Contributions to the CN Scholarship Fund support tuition scholarships at non-profit camps uniquely qualified to change the lives of such children through recreation, friendship and experiences that cultivate skills and values needed for success in life.

Thousands of children who face such challenges have attended camps near their homes—near many cities where Nebagamon campers live—thanks to the generosity of Nebagamon alumni and friends. Founded in 1947 by Muggs and Janet Lorber, the CN Scholarship Fund was administered by Nardie and Sally Lorber Stein for over 50 years.

**Contributions to both funds are fully tax-deductible.**

**More information about the funds and how to contribute can be found online at <http://cncharities.org>.**

## 2017 ENROLLMENT OFF TO A GREAT START!



Since mid-August, our inbox has been filling with registrations! Thanks to all our camper families for the great responses; we are thrilled to see all the campers who will be joining us for another magical summer.

Although it is only October, we can sense the excitement for next summer! If you are a camper wishing to return to Nebagamon next summer, please contact us soon in order to ensure a place for the 2017 season. Listed below are boys who were registered when *The Arrowhead* went to press. A new camper is denoted by an asterisk before his name, and his home city is noted. An eight-week camper is indicated with an (8).

**2nd Grade Campers:** \*Logan Hoffman (London, UK), \*Coulson McConnell (Columbus, OH), \*Arron Zelzy (Cincinnati, OH)

**3rd Grade Campers:** \*Asher Corndorf (Minneapolis, MN), \*Gavin Gray (New Wilmington, PA), Simon Kessler, \*Ben Laytin (Chicago, IL), Liam Mann, Micah Rosenbloom, \*Jonathan Schiff-Lewin (Oak Park, IL)

**4th Grade Campers:** \*Matthew Gordon (Deerfield, IL), Noah Horowitz (8), Ryan Kessler, Michael Kotcher, Sam Montag, \*Auden Osburn (Wilmette, IL), Jacob Rolfe (8), Asher Sigman, Kobi Silver, Milo Solomon (8), \*Micah Stone (Chicago, IL), Leo Susser

**5th Grade Campers:** Alexander Averbuch, Jasper Braunschweiger, Will Dupont, Joel Fisher, Mark Gingiss, Gabriel Heller (8), Chase Herbert, Hudson McConnell, Patrick Meehan, Sam More, Will Needlman, Jake Novack, Milo Peterson, Jonah Rontal, Owen Rosenthal, Griffin Scissors, Lawson Weeldreyer, Josh Wells (8), Eli Zelzy

**Grade Campers:** Sebastian Alderman (8), Michael Cohen (8), Adam Eberhard, Nick Fleisher, Emmitt Gerstein, Jacob Greenwald, Ben Hackney, Thomas Harrison, Matthew Kotcher, Jacob Laytin (8), Simon Mann, Josh Marcus (8), Nelson Mendels (8), Isaac Saffold, Finn Sher (8), Nathan Starhill (8), Jack Tierney, Steven Weeldreyer, \*Nurali Zhuriktayev (Almaty, Kazakhstan)

**7th Grade Campers:** Benjamin Bakal, \*Sam Bloch (Oberhausbergen, France), Justin Blumberg (8), Jesse Chan (8), Charlie Cohen, Daniel Cohen (8), Ben Effress (8), Nick Friedman (8), Billy Galpern (8), Jesse Gell (8), Jack Goodman (8), Jack Gordon, Tyler Gray (8), Daniel Heller (8), Matthew Hooper, Danny Horowitz (8), Gabi Huberman-Shlaes (8), Julian Jackson, Jonah Karafiol (8), Ben Kessler (8), Adam Lewis, Miles Lokken, Eli Moog (8), Joshua Naranjo, Brady Rivkin, Jack Rivkin (8), Daniel Sabados, Ben Shacter, Jason Shacter, Gabriel Sloan-Garcia, Nate Wells (8), Solomon Wexler, Nate Woldenberg (8), Noah Yaker

**8th Grade Campers:** Eli Aronson, John Bellaire (8), Grady Clark (8), Cian Duffy, Owen Goldsmith (8), Alex Greco, Ben Hanson-Kaplan (8), Zachary Herman, Orion Kornfeld (8), Ben Montag (8), Matthew Naranjo, Will O'Brien, John Osburn, Ryan Patterson, Fletcher Redondo (8), Max Rontal (8), Marc Rosenthal, Isaac Schiff-Lewin (8), Jesse Shapiro (8), Finn Sher (8), Gavin Stern, Ben Weiner, Jed Whalen Stewart, Eli Whiting, Jack Wineman (8)

**9th Grade Campers:** Andrew Bahn (8), Camden Blumberg (8), Jonah Docter-Loeb (8), Micah Franzel, Elliot Heldman, Nate Hohner (8), Jordan Hornick, Bryce Johnson (8), Ethan Kalishman, Coby Keren, Sebastian Klein (8), Ari Krupnick (8), Ben Lindy (8), Henry Lokken, Narique Lowe, Jeremy Margolin (8), Isaac Miller, Jack Rogen (8), Ben Serwer (8), Benjamin Sklar, Drew Sklar, Charlie Steinbaum, Oliver Swack (8), Peter Whelan, Zakary Zawel (8)

**At Camp**

**CARETAKER JOE GETS READY FOR TENNIS**

When I first came to work at Camp Nebagamon as a caretaker, at the start of the summer of 1995, I was very taken by the long history and extent of camp's tennis program. Did you know tennis has been part of camp's programming since its start in 1929? I loved playing tennis when I was in middle and high school. Unfortunately, tennis season coincided with the track and field season in the spring of the year. My passion for track and field trumped my love for tennis, and so I was never able to learn or play the game in an organized team setting. Therefore, I never got past being a mid-level player. But every summer I would play as much tennis as I could. So in the summer of 1995, as I had my initial tour of the camp grounds, I was astonished by how much space and investment had been put into camp's tennis program! Camp had (and still has) seven tennis courts, all of which appeared to be very well maintained. And once the season got under way, I saw why. All seven courts were almost always occupied; the boys at Camp Nebagamon loved tennis.

Now, through the 22 years that I have been a caretaker at camp, it's true that the overall passion for tennis has waned some. Courts 6 and 7 are idle more often than not, but there is still a strong interest in the tennis program by the campers during the season, and a strong commitment to the program by camp's current directors, Stephanie Hanson and Adam Kaplan, so much so that about a year or so ago, they decided that it was time to do some major work on camp's most used courts. After much deliberation and many walk throughs with a couple of local contractors familiar with tennis court construction, it was decided that courts 1 and 2 needed to be completely rebuilt and courts 3,4, and 5 just needed crack repair and repainting.

Well, the work began in earnest just after we got back from the Labor Day holiday. We caretakers did the initial prep work by tearing down the old dilapidated fence at both ends of the court. We pulled up all of the rotted railroad ties that had served as a retaining wall and edging around much of the court area. We also removed the lower diamond back stop so the big equipment contractor could get onto the courts.

As with all major renovation jobs, you never really know what you are in for until the digging begins. We had expected to find some gravel and mostly sand, since camp is built on a big sand hill, and this would have been an ideal base from which to start building new courts. Unfortunately we were not so lucky. In this case, the excavation of the old courts turned into an archeological dig of the 87 year history of camp's tennis program. When the current courts' asphalt was removed, low and behold, there was a still-lined tennis court surface beneath, and upon its removal, another still-lined court yet again, and below that, another layer of asphalt still lined. And beneath that third layer was the most astonishing discovery of them all (and in the contractor's opinion, the reason why these courts suffered from so many cracks and sinking edges) ...the original 1929 clay tennis court! That's right you second and third generation campers, if you played tennis on courts 1 and 2, you were literally standing on the same courts, though many layers below, that your father and grandfather did so many years ago.

After many calls and emailed pictures to the Boise office, it was decided that the best course of action, and the strongest decision for the long term future of camp's tennis program, was to remove it all and put in a proper foundation under the new courts, adding sand back into the large hole left by all the excavation and then topping it with gravel. And I, for one, say kudos to directors Adam and Steph for investing in camp's long term future. I think the experience so far has truly emphasized this quote from Nardie and Sally's history book of Camp Nebagamon, Keep the Fires Burning. "Camp Nebagamon, with its emphasis on learning lifelong skills, has always had a fine tennis program, but building and maintaining the courts has been a challenge, financially and otherwise."

Remembering how sweet it was every time my down-the-near-line volley scored with my opponent still standing cross-court, it's Caretaker Joe At Camp.

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