

THE ARROWHEAD

CAMP NEBAGAMON'S MONTHLY NEWSPAPER

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URBAN RENEWAL

It should be clear to *The Arrowhead's* faithful readers (that is, my dad, Buddy Herzog and, for some strange reason, my 9th grade English teacher who always referred to my writing as "irretrievably flawed") that Fornear and I have just completed our reunion tour of the East Coast. It turned out to be a particularly wonderful trip this year, treating us to so many inspiring visits with current campers, prospective families, and dedicated alumni.

Now, to be completely honest, the East Coast swing is not my favorite among the reunion junkets. I am not much of a big city kind of guy. Too much noise, too much traffic, too many buildings, too much concrete, too expensive... just plain too much. For me, the rush hour traffic in Lake Nebagamon is only JUST bearable (I sure wish those kids would pedal their bikes faster on the roads!). So imagine my frustration with New York City traffic!

I also have always assumed that the folks in big cities are completely deprived of outdoor experiences. I've figured that they didn't care about being outside, that they didn't mind being removed from nature. Well, it turns out that I was completely mistaken in this silly assumption. I am not sure why I hadn't noticed this in my previous trips to these megalopolises, but this latest excursion (and the 65-degrees-and-sunny weather) opened my eyes to the reality that everyone, even big city dwellers, craves the outdoors and actively works toward a connection with nature.

The best examples of this were found in the biggest of all big cities, New York. During our trip to the Big Apple this year, I was struck by the sheer number of city parks. While one tends to think of New York as simply a concrete jungle, this is absolutely not the case. The City That Never Sleeps is absolutely peppered with small city parks complete with sports fields, tennis courts, and (most importantly) lots of trees with comfortable benches arranged around them. And New Yorkers LOVE their parks. Fornear and I must have walked through 15 different parks during our three days in the city, and each park we experienced was being used to its full advantage. There were parks that were filled with children competing in their weekend soccer games. There were parks packed with teenaged basketball players. And there was the incredible park in Chinatown that was jam-packed with elderly men huddled around checkers, chess, and mahjong games (we stumbled upon this park by accident and fell completely in love with the place). And then there were the green expanses through which people strolled lazily with a friend, chatting the afternoon away—or simply sat with their back against a tree, a book in their hands or a daydream in their heads.

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NEWS OF THE CAMP FAMILY



This winter, or lack of, is getting a bit old. One of the reasons that I wanted to move back to Duluth during the off-season a couple years back was that there would be four distinctly different seasons. But this year the skis are still in the basement collecting dust, the ice fishing gear is rusting away, and, most disappointingly, my new fat bike has become basement art. This fall I picked up a fat bike for the winter riding season. For those of you that haven't heard about the fat bike craze, it's a mountain bike with four inch wide tires holding 5-10 lbs. of pressure in the tires compared to a traditional mountain bike tire that is about 2.5 inches wide with 40 lbs. of pressure in the tires. Anyhow, with the warm air and lots of rain, we cannot ride the trails. So, until the freeze comes (this weekend is supposed to hover around the mid-teens), I just have to be content with my basement art of skis and mountain bikes.

The reunion tour of the east coast was a blast. While we drove the same roads for the 12th year in a row, we were able to achieve some "firsts" in cities that are otherwise becoming quite familiar. Upon arrival in New York, the first "first" that we did was to walk across the Brooklyn Bridge (along with 5,000 other people) and then hop on a CityBike (bike share program) and proceed to ride back into Manhattan and all the way back to our hotel. What a terrific way to travel around the Big Apple! In D.C., we toured the Capitol for the first time, which was awesome. Then, as we've done for the past 12 years, we walked the mall at night with a great Nebagamon crew. This year we were joined by Thomas Elson, Jen Daskal, Jake Kessler and Ben Thomas. All in all it was another successful tour of the east coast.

So far the reunions this "off season" have been awesome! Thank you for taking the time to join us in your respective cities! You've shared some great news that I have been able to put in print on this page. With that said, I still have a couple of months to report news of the camp family, so keep on sending me info via email (forneat@campnebagamon.com), snail mail or the telephone (208-345-5544)! 'Till next month, have a great holiday break!

IT MAY INTEREST YOU TO KNOW that while in Boston, we learned that **John Bellaire** stays busy playing basketball and baseball. **Tommy Bellaire** participates in the Harvard Model UN and runs track. **Max Michel** built a one man power boat (I saw the pictures...its cool). When we arrived in New York, **Jasper Braunschweiger** informed us that he will be skiing and playing basketball this winter. His big brother, **Jakob**, plans to ski all winter. **Randy Ventura** broke his arm this fall playing football but he is now healed up and ready for more football. **Drew Bender** stays busy with soccer and hopes to be in a school play...*The Wizard of Oz*. **Gavin Stern** will be starting his first season of ski racing. He will start with the Slalom and GS events. **Tommy Kagan** is the center for his school's hockey team. **Justin Blumberg** plays the saxophone and plays soccer while his older brother, **Camden**, also plays soccer and the French horn. **Eli Hecht** competes on his school's ultimate frisbee team. **Harrison Reichert** stays active with basketball as does his big brother, **Sam**. **Ben Platt** is active with the model UN and baseball. **Ben** was also kind enough to share an awesome ice cream spot in NYC. **Nicky Fleisher** is the right winger for his hockey team. **Daniel Heller** is a forward for his school's soccer team and had a great season of scoring goals. Next we traveled to Washington D.C. and were informed that **Emmitt Gerstein** is the small forward for his school's basketball team and is also captain. **Oliver Held** continues to play the electric guitar...hopefully we'll get to hear him at a GTC this summer. **Jonah Docter-Loeb** is on his school's debate team. They took 2nd in an impromptu tournament. **Lawson Weeldreyer** stays busy playing basketball during the winter.

IN THE WHERE-ARE-THEY-NOW DEPARTMENT: **Jeremy Fiewell** (Chicago '86-'91, '93-'00) is the principal of Cardenas Elementary. His school was recently covered in the Chicago Sun Times in recognition of the great improvement in math scores being seen at Cardenas Elementary. **Geoff Barrows** (Minneapolis/Paris '91-'97, '99, '04) is now working on his post doc at the London School of Economics. **Jim Cohen** (D.C./Flint, MI '89-'95, '97-'99, '04) is an Assistant Professor in the biology department at Kettering University. **Jon Kramer** (East Troy/Midland, MI '90-'95, '97-'02) is now an R&D manager for Dow DuPont in Midland, MI.

WEDDING CONGRATULATIONS go to Geoff Barrows (Minneapolis/Paris '91-'97, '99, '04) and Helene Barrows.

BAR MITZVAH CONGRATULATIONS go to **Sam Shapira** (Chicago) and **Jesse Shapiro** (Chicago)

URBAN RENEWAL (Continued from Page 1)

Finally there is the Big Kahuna, Central Park. In many ways, it is the hub of New York City. Whether you're a visitor or resident, nearly everyone in the city has some sort of personal connection to Central Park. Hanging out there is just what you do—and at nearly 800 acres (more than 10 times the size of Camp Nebagamon!!), it is one massive place in which to hang out. Without a doubt, Central Park takes up some of the most valuable land in the nation. I can only imagine the potential asking prices for those parcels of land in that part Manhattan. But, for some reason, in the 1850's the city planners decided that this land needed to be reserved as a park. It is a truly beautiful and natural place... in the heart of a GIANT city.

Another thing that I had never really considered is the extent to which people in New York City walk. I have to be to a great many massive metropolises and idyllic suburban communities, but I would guess that New York City dwellers (and tourists) probably spend more time walking than in any city I have ever visited. If you have ever been to Gotham, you know what I am talking about. When traveling from one place to another in the city, people don't bat an eye at the notion of walking for considerable distances. If the destination is a mile, or even two, the expectation is that you just hoof it. Think about that, you non-NYC folks. When you have to go to a spot a mile-and-a-half away, how often do you drive? Or ask for a ride? How often do you actually walk it?

And then there are the bicycling opportunities in New York. To be honest, when Fornear insisted that we were going to be biking around the city this year, I was not enthusiastic at all. Having driven many times in the snarling and angry mess that is Manhattan traffic—and having witnessed too many close calls with bikers over the years—I was not interested... no thanks. But the worm has turned in the Big Apple. Believe it or not, there are more than 900 miles of bike lanes in New York City! Riding a bike these days is actually very safe, and you don't even have to own your own bike to take advantage of the biking opportunities around town. If you have traveled to New York (or live there) since 2013, you have no doubt noticed the ubiquitous Citi Bike system. Basically, Citi Bikes are bicycles scattered throughout the city that can be rented for an incredibly low rate (\$10 gets you access to 12,000 bikes all over town). This means that one needn't worry about bike locks, or theft, or finding a place to park one's bike. Simply head over to a bike dock, grab a bike, ride it to your destination (or just for fun) and then leave for the next person. When you are ready to get pedaling again, just grab another bike from the dock and get after it. During our visit this year, we biked across the Brooklyn Bridge right up to Times Square. Way fun!!

Needless to say, this eye-opener—about how even the most dedicated city folks are equally dedicated to the outdoors—really got me thinking. This realization hammered home how much we all need it. All of us having an innate desire to spend in the outdoors and enjoy nature. This need was posited by Richard Louv when he coined the concept of Nature Deficit Disorder. His contention was that the consequences of not spending adequate time outdoors were many, including physical, mental, emotional, and psychological difficulties. If our situations make getting outdoors difficult (like, say, living in a GINORMOUS city), we find a way. We build parks. We walk instead of drive. We figure out a way to ride bikes. Whatever it takes, we do it. Because we need to be outside... we need to be in nature.

And so, as ever in an *Arrowhead* article, this brings us back to Camp Nebagamon. If you buy into the idea that we all need time in the outdoors and time to have personal experiences with nature, then huge credit needs to be given to the folks who invented summer camping, and Camp Nebagamon in particular. They totally understood this basic need. If you think about it, when someone spends a summer at Nebagamon, they will spend a full four or eight weeks completely in the outdoors. They will play outside all day long. They will take wilderness trips. They will swim in a lake (and not a swimming pool). The only modes of transportation are their own two feet, or maybe a sculling shell or mountain bike. Heck, even when you have to go to the bathroom you have to walk outside to get to a Jop! Yes, we have cabins for the boys to live in, and a Rec Hall to eat in, but, anyone who has spent a night in one of those cabins, or eaten a meal in the Rec Hall on a hot steamy summer day, knows that even when one is technically inside a structure at camp, they are basically outdoors. Camp is the perfect cure for that Nature Deficit Disorder, which seems more and more prevalent in this age of screen time, screen time, and more screen time! In fact, I am sick of sitting in front of this computer screen in my basement... I'm going for a hike!

Happy New Year to all!

MORE REGISTRATIONS FOR SUMMER 2016!



It's 2016, and registrations continue to roll in to our inbox! If you are planning on returning to Nebagamon this summer, please register soon so we can make sure you have a spot for the 2016 season.

Parents, you can enroll your campers by heading to the online form at <https://nebagamon.campintouch.com/v2/camper/application/app0.aspx> ! Listed below are the boys who are currently enrolled. New campers are denoted with an asterisk before their names, while eight-week campers are indicated with an (8).

3rd Grade Campers: *Oliver Brenner (Chicago, IL), *Noah Horowitz (Chicago, IL), *Sam Montag (Atlanta, GA), *Jacob Rolfe (Chicago, IL), * Kobi Silver (Chicago, IL), *Milo Solomon (Deerfield, IL), *Leo Susser (San Francisco, CA)

4th Grade Campers: Alexander Averbuch, Drew Bender, Ethan Blatt, Jasper Braunschweiger (8), Addison Burvall (8), Joel Fisher, Levi Gell, *Mark Gingiss (Chicago, IL), *Gabriel Heller (New York, NY), Chase Herbert, Jack Krupnick, Hudson McConnell, *Patrick Meehan (Swansea, IL), Sam More, Jake Novack, Ethan Pearson (8), *Jack Pera (Austin, TX), Owen Rosenthal, *Griffin Scissors (St. Louis, MO), Lawson Wheeldreyer, Josh Wells

5th Grade Campers: Sebastian Alderman, *Jake Brown (St. Louis, MO), Michael Cohen (8), *Lucas Daskal (Chicago, IL), *Adam Eberhard (Chicago, IL), Nick Fleisher, Emmitt Gerstein, Jacob Greenwald (Atlanta, GA), Ben Hackney, Thomas Harrison, Jacob Laytin, *Jason Li (Los Angeles, CA), Simon Mann (8), Josh Marcus (8), Nelson Mendels, Ethan Schott, Nathan Starhill, Jack Tierney, Steven Weeldreyer

6th Grade Campers: Daniel Armstrong, Benjamin Bakal, Michael Bayer (8), Justin Blumberg, Jessie Chan (8), Charlie Cohen, Daniel Cohen, Charlie Davis, Ben Effress (8), Nick Friedman, Billy Galpern (8), Jesse Gell (8), Jackson Goldblatt (8), Jack Goodman (8), Jack Gordon, Daniel Heller (8), Matthew Hooper, Danny Horowitz (8), Gabi Huberman-Shlaes (8), Ben Kessler, Harrison Lane, Peter Kallos, Adam Lewis, Miles Lokken, Eli Moog (8), Jake Powers, Harrison Reichert (8), Brady Rivkin, Jack Rivkin (8), Ben Shacter, Jason Shacter, Gabriel Sloan-Garcia, Nate Wells, Solomon Wexler, Nate Woldenberg (8) , *Noah Yaker (West Bloomfield, MI)

7th Grade Campers: Eli Aronson, John Bellaire (8), Asher Burvall (8), Grady Clark (8), Henry Freilich, Matthew Garchik (8), Owen Goldsmith, Alex Greco, Ben Hanson-Kaplan (8), Oliver Held (8), Zachary Herman, Orion Kornfeld, Owen Marchant, Ben Montag (8), Will O'Brien, John Osburn, Ryan Patterson, Fletcher Redondo (8), Max Rontal, Marc, Rosenthal, Grayson Schementi, Isaac Schiff-Lewin (8), Sam Shapira (8), Jesse Shapiro, Finn Sher (8), Alec Silver, Gavin Stern, Ben Weiner, Jed Whalen Stewart, Eli Whiting, Jack Wineman

8th Grade Campers: Andrew Bahn (8), Camden Blumberg, Jonah Docter-Loeb (8), Ben Dubinsky, Dylan Fox, Isaac Frankel, Micah Franzel (8), Elliot Heldman, Nate Hohner (8), Jordan (JT) Hornick, Tommy Kagan, Ethan Kalishman (8), Coby Keren, Sebastian Klein (8), Ari Krupnick (8), Ben Lindy (8), Henry Lokken, Jeremy Margolin (8), Isaac Miller, Peter Pfisterer, Ben Platt (8), Sam Reichert (8), Jack Rogen (8), Ethan Rosenberg (8), Ben Serwer (8), Benjamin Sklar, Drew Sklar, Charlie Steinbaum, Henry Susser, Nathan Susser, Oliver Swack (8), Peter Whelan, Sam Whittman (8)

9th Grade Campers: Eli Amshel, Drew Aronoff (8), Drew Balsler, Tommy Bellaire (8), Michael Berler (8), Alex Buring, Jake Druckman (8), Bryce Endrizzi, Andrew Frisch, Matthew Grossman, Eli Harrison, Eli Hecht (8), Lenny Kaznachey (8), Ben Lassetter, Max Kornfeld (8), Simon L'Tainen (8), Charlie Moog (8), Joey Rivkin (8), Chris Rosenthal (8), Brett Schoppert (8), Eli Smith (8), Levi Solomon (8), Conor Tiereny, Harrison Weinstock, Charlie Woodman, Matthew Youkilis

At Camp

CARETAKER JOE WAITS FOR THE ICE



As it is for most of the country, the big story in the Lake Nebagamon area is the weather. And although, as I sit here on December 18, 2015, (due to the upcoming Holiday break we had an early deadline this month) we are experiencing one of the few days of normal temps this season, an 11 degree morning low and 16 degree expected high. Otherwise this December has consistently been 10 to 20 degrees above average and is shaping up to be one of the two warmest winters on record, and has a good chance of becoming the warmest ever recorded. The worst part of the winter story so far has been that we have been getting plenty of precipitation and would be thigh deep in snow if not for the abnormal warmth. We have had some good teaser snowstorms though, with each bringing us up to four inches of snow, followed by warmth that melts it all away within a day or two. For the most part, all of the month's precipitation has come in the form of cold rain/snow mix and, at present, we have an icy couple of inches of snow cover. Needless to say the ski season has yet to begin; if this lasts much longer I will have to start getting my winter exercise on the elliptical in the basement, rather than out on the ski trail! Unfortunately, the extended forecast shows little hope for a return to normal until late in January.

The warm early winter weather has us inching towards another new record, the latest ever icing over of Lake Nebagamon. December 21st is the latest recorded date since the 1940s when a local resident started keeping track. Strangely, the lake was almost 95% ice covered at the end of the first week of December, but, at present, all of that ice has melted; there is not even any shore ice left! With the forecast calling for the temps to rise back into the 30s and stay there for a couple of more weeks, it looks like the lake will be ice free, for the first time ever, on Christmas day, and the old record will be shattered. I wouldn't be surprised if the lake made it to the New Year ice free! It also wouldn't surprise me to see one of the local nuts out on the lake doing some wet suit water skiing on New Year's Day!

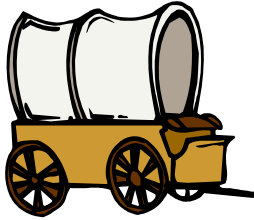
We are taking advantage of the perpetual fall and have been able to get a lot done around camp at a time we are usually stuck in the shop due to cold and snow. I was able to finish the lighting upgrade I mentioned last month. Both the Craft Shop and the Waterfront Office are now upgraded to efficient bulbs and covered fixtures, which completes the final installment of this several year project. With this installment I was able, due to a considerable price drop, to install our first LED light bulbs. I had been replacing the old 60 watt incandescent bulbs with 13 watt CFLs, but this go round, 10 watt LEDs are being used which both curtails power consumption and also eliminates the mercury and disposal issues of the used up CFL bulbs. Our plan is to gradually replace all of the CFLs with the LEDs as they burn out, which will make camp's lighting even more efficient and more green.

While working on the lights in the Waterfront Office, I decided to stay and make some other upgrades while the warm weather persisted. The makeshift dressing room (some old and battered bamboo blinds roped to the ceiling) has been replaced with actual walls and a door! I built a small bench onto one wall, added a row of clothes hooks, and hung a sign reminding users to take their stuff, hoping not to add to the already immense lost and found issue. In addition, the space available in the shack has been nearly doubled with the removal and rearrangement of some other elements, which I hope will make staff gatherings much more comfortable. I am also currently building a new lockable storage cabinet to replace the battered steel locker which was beyond repair.

Clinging to the hope that there will be a ski season yet this winter, it's Caretaker Joe, at camp.

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THE ROAD SHOW ROLLS ON



Adam Kaplan and Adam Fornear returned just a few weeks ago from the East Coast; at the beginning of 2016 the Adams will complete the Midwest section of the reunion tour. We can't wait to see more of you in the coming months! Listed below is the entire reunion schedule, which, as usual, is subject to change. A few weeks prior to each reunion, we will email invitations to members of the camp family in the communities we'll be visiting. Please be courteous and RSVP to the host families.

City	Dates	Reunion Details
Twin Cites	January 11	Snyder-Brimmers', Mon., Jan. 11, 7:00 PM 11505 W. Lakeview Lane, Minnetonka
Chicago	January 17	Heller Nature Center, Sun., Jan. 17, 1:30 PM 2821 Ridge Road, Highland Park
Phoenix	January 24	Frisch, Sun, Jan. 24, 3:00 PM 8868 East Calle De Las Brisas, Scottsdale
San Diego	January 25	Effress, Mon, Jan 25, 7:00 PM 8545 Avenida De Las Ondas, La Jolla
San Francisco	January 30	Berler, Sat, Jan 30, 5:00 PM 3920 Washington St, San Francisco
Denver	TBA	



K E E P T H E F I R E S B U R N I N G

A N D

H A P P Y N E W Y E A R !

It's a New Year for Our Birthday Crew!!!

January

2	Ethan Blatt Justin Pagan	6590 Tupelo Lane 18 Italy Ave	Cincinnati, OH 45243 Bedford Hills, NY 10507
3	Tommy Kagan Ryan Philip	30 E. 71st Street, #8B 8055 Whisper Lake Lane West	New York, NY 10021 Ponte Vedra, FL 32082
4	Andrew Bahn Matthew Lazarov Kathryn Gallagher Michael Rivkin	2612 Roslyn Circle 1716 Bryn Mawr Cove 6970 S. Mattson Road 3004 Indianwood Drive	Highland Park, IL 60035 Germantown, TN 38138 Lake Nebagamon, WI 54849 Wilmette, IL 60091
5	Adarius Cooper	3205 Elliot Ave. S.	Minneapolis, MN 55407
8	Justin Blumberg	451 Goose Lane	Guilford, CT 06437
9	Alexander Averbuch Jonah Docter-Loeb	4487 Mt. Paran Parkway 3617 Idaho Ave NW	Atlanta, GA 30327 Washington, DC 20016
10	Ethan Berman	146 Lockwood Road	Riverside, CT 06878
11	Seth Friedman Nathan Susser	7530 Fernwood Drive 41 Fort Mason	Cincinnati, OH 45237 San Francisco, CA 94123
13	Becca Haseman	4205 Short Terrace	Carmel, IN 46033
14	Sebastian Alderman Amy Mack Brandon Snow	1115 E 20th St PO Box 12 8157 S. King Drive #3	Tulsa, OK 74120 Lake Nebagamon, WI 54849 Chicago, IL 60619
15	Philix Lin Patricio Vera	1404 Bodega Way #5 Agua 505-1, Jardines del Pedregal	Diamond Bar, CA 91765 Mexico, DF 01900 Mexico
17	Eli Fromm	1201 Paresky	Williamstown, MA 01267
18	Jake Lescher Samuel Werthan	3722 Princeton Ave 4335 Leach Avenue	Nashville, TN 37205 Oakland, CA 94602
19	Oliver Swack Nathan Weiskirch	2464 W Pensacola 1300 Elmwood Ave	Chicago, IL 60618 Deerfield, IL 60015
20	Danny Sickle	2145 N. Sedgwick	Chicago, IL 60614
21	Rachel Grubbe Daisy Mack Leo Mack	9165 E. Hagman Rd. PO Box 12 PO Box 12	Solon Springs, WI 54873 Lake Nebagamon, WI 54849 Lake Nebagamon, WI 54849
22	Nelson Mendels	5635 Lake Island Drive NW	Atlanta, GA 30327
23	Jonathan Delgado	2541 N Mango Ave	Chicago, IL 60639
24	Brett Patterson Sam Whittman	1439 Wedgewood Ave 3481 E. Via Colonia Del Sol	Des Plaines, IL 60018 Tucson, AZ 85718
25	Stephen Nelson	1509 E. 1st St. Apt 10	Duluth, MN 55812
27	Andrew Guest	520 Warren Ave.	St. Louis, MO 63130
28	Harrison Reichert	91 Woodland Park Dr	Tenafly, NJ 07670
29	Eric Portillo	PO Box 2521	Fort Bragg, CA 95437
30	Jonathan Gerstell Joel Sachnoff Isaac Weiss-Meyer	5045 Loughboro Rd. NW 5329 S Greenwood Avenue 234 East 19 th Street	Washington, DC 20016 Chicago, IL 60615 New York, NY 10003
31	Jack Wineman	420 Catalpa Drive	Birmingham, MI 48009